



North Tyneside ASC Mad March Hare Gala
Louisa Centre, Stanley
21st and 22nd March 2020

Programme of Events

Saturday 21st March 2020			Sunday 22nd March 2020		
AM Session (9.00am start)			AM Session (9.00am start)		
Boys	400m	Freestyle	Girls	400m	Freestyle
Girls	200m	Breaststroke	Boys	200m	Breaststroke
Boys	100m	Backstroke	Girls	100m	Backstroke
Girls	100m	Freestyle	Boys	100m	Freestyle
Boys	50m	Breaststroke	Girls	50m	Breaststroke
Girls	100m	Individual Medley	Boys	100m	Individual Medley
Boys	200m	Individual Medley	Girls	200m	Individual Medley
Girls	50m	Butterfly	Boys	50m	Butterfly
PM Session (start time TBC)			PM Session (start time TBC)		
Girls	400m	Individual Medley	Boys	400m	Individual Medley
Boys	200m	Freestyle	Girls	200m	Freestyle
Girls	200m	Backstroke	Boys	200m	Backstroke
Boys	50m	Freestyle	Girls	50m	Freestyle
Girls	100m	Breaststroke	Boys	100m	Breaststroke
Boys	100m	Butterfly	Girls	100m	Butterfly
Girls	200m	Butterfly	Boys	200m	Butterfly
Boys	50m	Backstroke	Girls	50m	Backstroke



North Tyneside ASC Mad March Hare Gala
Louisa Centre, Stanley
21st and 22nd March 2020

Upper Qualifying Times – GIRLS (must not have swum faster than times stated)

Event	9 Years	10 Years	11 Years	12 Years	13 Years	14 Years	15 + Years
50 Freestyle	35.00	32.00	31.00	29.00	28.50	28.00	27.50
100 Freestyle	NO SWIM	1.08.00	1.07.00	1.04.00	1.02.00	1.00.00	58.00
200 Freestyle	2.31.00	2.28.00	2.27.00	2.18.00	2.15.00	2.10.10	2.06.00
400 Freestyle	NO SWIM	NO SWIM	4.40.00				
50 Backstroke	41.00	37.50	35.00	34.00	33.00	32.00	31.00
100 Backstroke	NO SWIM	1.20.00	1.19.00	1.14.00	1.13.00	1.06.00	1.04.00
200 Backstroke	2.49.00	2.46.00	2.38.00	2.36.00	2.34.00	2.22.00	2.20.00
50 Breaststroke	46.00	42.00	40.00	38.00	36.00	35.00	34.00
100 Breaststroke	NO SWIM	1.33.00	1.32.00	1.26.00	1.20.00	1.15.00	1.12.00
200 Breaststroke	3.18.00	3.16.00	3.14.00	3.07.00	3.06.00	2.45.00	2.40.00
50 Butterfly	40.00	36.00	34.00	32.00	31.00	30.00	29.00
100 Butterfly	NO SWIM	1.23.00	1.22.00	1.14.00	1.13.00	1.05.00	1.02.00
200 Butterfly	3.33.00	3.05.00	2.55.00	2.46.00	2.43.00	2.23.00	2.20.00
100 IM	1.30.00	1.20.00	1.18.00	1.14.00	1.11.00	1.09.00	1.08.00
200 IM	3.12.00	3.00.00	2.50.00	2.39.00	2.36.00	2.23.00	2.20.00
400 IM	NO SWIM	NO SWIM	5.00.00				



North Tyneside ASC Mad March Hare Gala
Louisa Centre, Stanley
21st and 22nd March 2020

Upper Qualifying Times – BOYS (must not have swum faster than the times stated)

<u>Event</u>	9 Years	10 Years	11 Years	12 Years	13 Years	14 Years	15 + Years
50 Freestyle	35.00	32.00	30.00	29.00	27.00	26.00	25.00
100 Freestyle	NO SWIM	1.06.00	1.05.00	1.03.00	1.01.00	56.00	53.00
200 Freestyle	2.25.00	2.23.00	2.21.00	2.18.00	2.15.00	2.05.00	1.55.00
400 Freestyle	NO SWIM	NO SWIM	4.20.00				
50 Backstroke	40.00	37.00	35.00	33.00	31.00	30.00	28.50
100 Backstroke	NO SWIM	1.14.00	1.12.00	1.10.00	1.08.00	1.05.00	1.00.00
200 Backstroke	2.42.00	2.36.00	2.32.00	2.26.00	2.22.00	2.12.00	2.05.00
50 Breaststroke	46.00	42.00	40.00	37.00	35.00	33.00	31.00
100 Breaststroke	NO SWIM	1.29.00	1.28.00	1.24.00	1.18.00	1.14.00	1.08.00
200 Breaststroke	3.12.00	3.05.00	3.00.00	2.50.00	2.40.00	2.30.00	2.20.00
50 Butterfly	39.00	36.00	34.00	32.00	30.00	29.00	27.00
100 Butterfly	NO SWIM	1.13.00	1.10.00	1.06.00	1.03.00	1.01.00	58.00
200 Butterfly	3.33.00	3.00.00	2.45.00	2.35.00	2.25.00	2.18.00	2.08.00
100 IM	1.18.00	1.16.00	1.14.00	1.12.00	1.09.00	1.06.00	1.02.00
200 IM	3.10.00	2.54.00	2.43.00	2.35.00	2.25.00	2.18.00	2.11.00
400 IM	NO SWIM	NO SWIM	4.50.00				